

## **PLACE2BE**

Place2be is a national charity that works inside over 200 schools across the UK; supporting over 75,000 children aged 4-14. The charity provides both universal and targeted support to children, their parents and teachers. They offer a flexible menu of services, tailored to meet each school's needs. The typical model is based on a team of five or more Place2Be personnel (both clinical staff and highly skilled volunteers) delivering a range of services in a school.

### **Place2Be's school-based services for children and Young People**

- One-to-one counselling sessions to provide support to children who have a sustained need for more intense work.
- Group work is available on particular issues such as friendship, bereavement, transitions, bullying and so on.
- Place2Talk is a lunchtime self-referral, drop-in service, that is open to all pupils in a place2be school (both individuals and in groups). It provides a quiet place to talk to a counsellor during the busy school day.

### **Place2Be's services for School Staff**

- Place2Think provides teachers and school staff with a consultation service to develop practical approaches that enable them to support students more effectively.
- Training - They provide continuous professional development training sessions that address themes related to children's emotional wellbeing in schools, such as safeguarding, attachment, understanding risks and resilience etc. The sessions help reduce teacher and staff stress by providing practical approaches that help them provide effective support. They also provide a range of professional qualifications around counselling in schools.
- They also provide advice and support on safeguarding to help protect children.

### **Place2Be Services for Parents**

- Place2Be works one-to-one with parents and carers in schools and runs group-based parenting groups in schools and children's centres. Also, they train school and community professionals in their engagement with vulnerable families that they often experience as challenging.

### **Liaison and Collaboration with other Local Services**

- Place2Be acts as the glue between the school and local services. They can liaise and collaborate with other educational and children's welfare organisations. For instance, they have good relationships with CAMHS and other local services, and this can help with referral if and when they are required.

## **Impact of Place2Be**

In the 2012/13 academic year:

- 84% of children who had severe emotional difficulties showed a significant improvement, according to their parents
- 70% of children with significant difficulties were less of a burden on the teacher or class, according to their teacher.
- 65% of children whose difficulties interfered with their learning improved according to their teacher.

## **Funding**

Schools typically pay 70-80% of the total annual cost as the work is also supported through private and statutory funding. Many of the schools who commission Place2Be services use funds from the Pupil Premium. This is because Place2Be often works in areas of high deprivation and are able to evidence the impact of improved psychological wellbeing on pupil's academic progress.

For more information contact: [enquiries@place2be.org.uk](mailto:enquiries@place2be.org.uk)

<http://www.place2be.org.uk>

Place2Be have a video on their website, which outlines their work –

<http://www.place2be.org.uk/what-we-do/>